

Labs + Tests User Guide

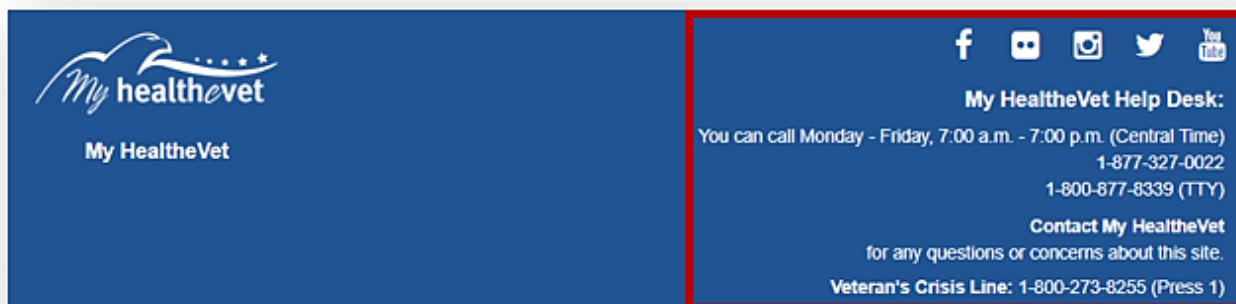
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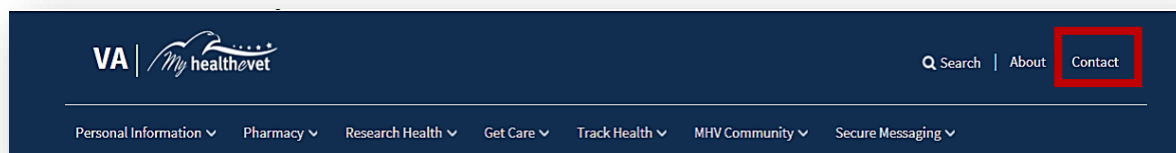
Where to Find Help

Frequently Asked Questions and Help Resources

1. Select **FAQ** to go to **Frequently Asked Questions** and get commonly asked questions and answers about Labs + Tests.
2. Select **Help & User Guides** for guidance on using My HealtheVet.



3. Select **Contact** to send a message to the My HealtheVet Help Desk or call 1-877-327-0022. For TTY, call 1-800-877-8339 or dial 711.



Labs + Tests — Feature Overview

LABS + TESTS let you enter and record your lab work/test results. If you are registered on My HealtheVet as a VA Patient with an **upgraded account**, you can view your VA Chemistry/Hematology and other VA lab and test results as they become available.

Chemistry tests show how well certain organs are working. Blood chemistry tests may also be called chemistry panels. Common labs include blood sugar, cholesterol, calcium, liver function, thyroid tests, and more.

Hematology is the study of blood and blood disorders. These tests can evaluate a variety of blood conditions including infection, anemia, inflammation, blood-clotting disorders, leukemia and the body's response to chemotherapy treatments.

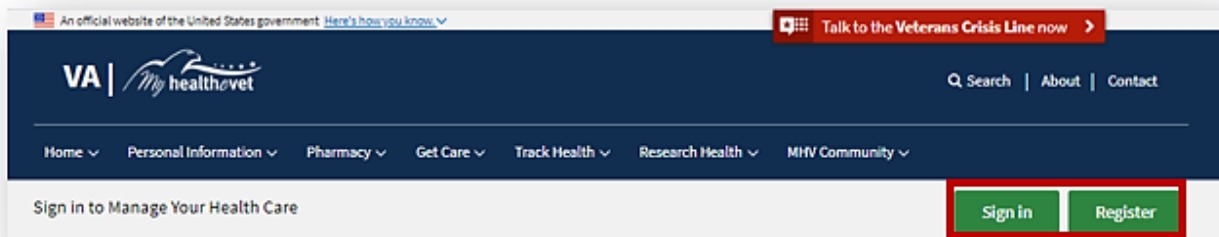
Chemistry/Hematology tests results are available thirty-six (36) hours after they have been verified by your VA health care team or other authorized VA staff.

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Getting Started with Labs + Tests

Step 1 – Sign in to Labs + Tests

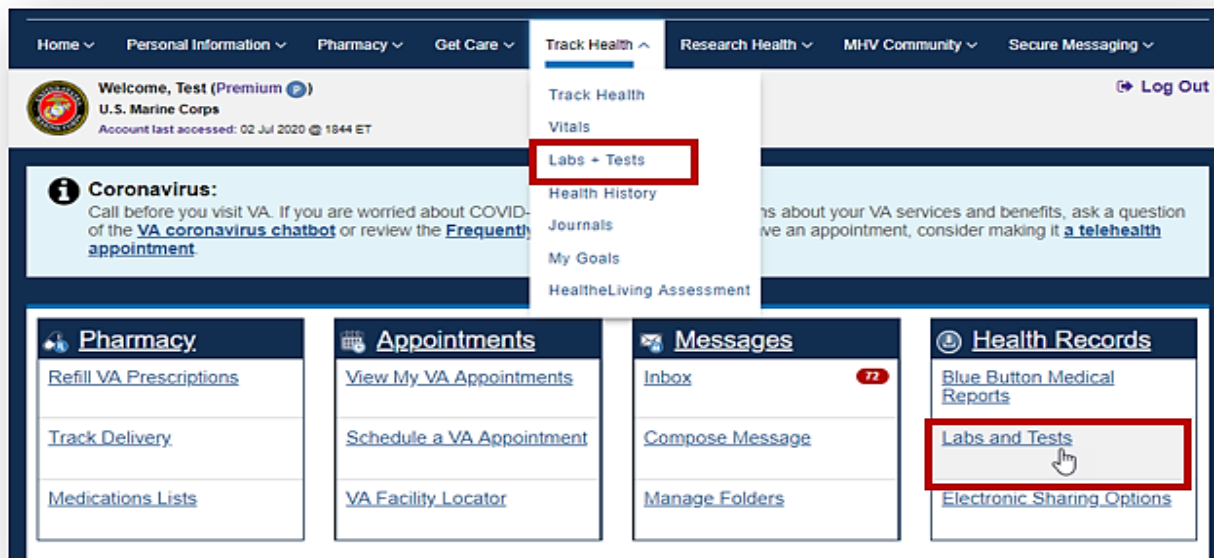
1) Sign in to your My HealthVet account by selecting the **Sign in** button on the upper right side of the screen. You must have already registered for a My HealthVet account. If you do not have a My HealthVet account, please register by selecting the **Register** button and completing the registration form. 2) Sign in using a Sign-In Partner: My HealthVet Premium Sign-in Partner, DS Logon Premium Account, or ID.me.



Step 2 – Access Labs + Tests

After signing in, there are two ways you can access Labs + Tests:

- 1) Select **Labs + Tests** from the **Track Health** drop-down menu
- 2) Or, Select the **Labs + Tests** on the dashboard to quickly view the results



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Self-Entered Tests

On the Labs + Tests page are test logs. These logs include your **Self-Entered TESTS** and your **VA CHEMISTRY/HEMATOLOGY**. Each log gives you a quick glance of information and displays the five most recent entries.

Note: VA Chemistry/Hematology information comes from your VA health record. You *cannot* change or add information to your VA Chemistry/Hematology log. If you have a question about a VA lab result, contact your VA health care team or other authorized VA staff.

Step 1 – Self-Entered Tests

- 1) Select the **Add New** button to add a new test entry
- 2) Select the **View More** button to expand the list
- 3) Or, select **Self-Entered Tests** from the quick link panel to view the expanded list and add an entry

Track Health

Vitals

Labs + Tests

Self-Entered Tests

VA Chemistry / Hematology

Health History

Journals

My Goals

HealthLiving Assessment

LABS + TESTS

Your information update is complete.

This section allows you to track and record your LABS + TESTS information in one convenient location. In the SELF-ENTERED TESTS section, you can self-enter test results from non-VA providers and labs. If you are a VA patient, with an [Upgraded Account](#) you can view in the LABS + TESTS section, information from your VA health record as it becomes available.

Self-Entered Tests	
Date	Test Name
Mon 07/06/2020	www
Mon 05/20/2019	Glucose
Mon 04/09/2018	test 2
Thu 10/12/2017	Test3
Thu 10/12/2017	Test4

VA Chemistry/Hematology	
Date	Specimen
Thu 02/27/2020	Blood (substance)
Thu 02/27/2020	Plasma (substance)
Wed 01/22/2020	Plasma (substance)
Wed 07/13/2016	Serum (substance)
Fri 07/08/2016	Serum (substance)

[Add New](#) [View More>](#) [View More>](#)

- 4) After selecting the **Add New** button, complete the fields on the next page.

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Labs + Tests
Self-Entered Tests
VA Chemistry / Hematology

Add Test Information (self-entered)

(Personal Health Journal of TEST MHVZZVISNTWENTY)

You have chosen to add an entry to this record. Record the test name, date, location performed, provider, results and comments below.

NOTE
There is a 255 character limit in the Comments field. Only text with the 255 character limit can be saved.

* Indicates Required Information

Test Name:*

Date:* 07/06/2020

Location Performed:

Provider:

Results:

Comments:

Save Save & Add Another Reset Cancel

5) Select the **Save** button.

VA Lab Tests

Step 1 – Chemistry/Hematology Tests

As a reminder, your Chemistry/Hematology tests results are available 36 hours after they are verified.

1) Select the **View More** button to view additional Chemistry/Hematology test results.

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Vitals

- Labs + Tests**
 - Self-Entered Tests
 - VA Chemistry / Hematology**
 - Health History
 - Journals
 - My Goals
 - HealthLiving Assessment

LABS + TESTS

This section allows you to track and record your **LABS + TESTS** information in one convenient location. In the **SELF-ENTERED TESTS** section, you can self-enter test results from non-VA providers and labs. If you are a VA patient, with an **Upgraded Account** you can view in the **LABS + TESTS** section, information from your VA health record as it becomes available.

Self-Entered Tests		VA Chemistry/Hematology	
Date	Test Name	Date	Specimen
Mon 07/06/2020	www	Thu 02/27/2020	Blood (substance)
Mon 05/20/2019	Glucose	Thu 02/27/2020	Plasma (substance)
Mon 04/09/2018	test 2	Wed 01/22/2020	Plasma (substance)
Thu 10/12/2017	Test3	Wed 07/13/2016	Serum (substance)
Thu 10/12/2017	Test4	Fri 07/08/2016	Serum (substance)

[Add New](#)
[View More>](#)
[View More>](#)

vtal-web/va-chemistry-hematology

- 2) Or, select **VA Chemistry/Hematology** from the quick link panel to view the expanded list.

VA Chemistry/Hematology Summary

Results of tests performed at your VA facility are listed below. To view details of your test results, select the **Date/Time** the test was collected. If you have an amended test and you want to see the history, go to the **Comments** on the **Test Details** page.

Date/Time Collected	Specimen	Location
27 Feb 2020 @ 1230	Blood (substance)	PORTLAND VA MEDICAL CENTER
27 Feb 2020 @ 1230	Plasma (substance)	PORTLAND VA MEDICAL CENTER
22 Jan 2020 @ 1211	Plasma (substance)	PORTLAND VA MEDICAL CENTER
13 Jul 2016 @ 0944	Serum (substance)	ROSEBURG VA MEDICAL CENTER
08 Jul 2016 @ 1151	Serum (substance)	ROSEBURG VA MEDICAL CENTER
08 Jul 2016 @ 1130	Blood (substance)	ROSEBURG VA MEDICAL CENTER
08 Jul 2016 @ 1130	Serum (substance)	ROSEBURG VA MEDICAL CENTER
19 May 2016 @ 1053	Blood (substance)	ROSEBURG VA MEDICAL CENTER
18 May 2016 @ 1140	Serum (substance)	ROSEBURG VA MEDICAL CENTER
18 May 2016 @ 1129	Blood (substance)	ROSEBURG VA MEDICAL CENTER

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View Lab Test Results in the VA Blue Button Report and VA Health Summary

- **VA Blue Button Report:** Select the date range to download or print your partial or full history of VA lab tests and self-entered results.
- **VA Health Summary:** You may want to use this option if you are sharing health information with a non-VA provider in the community. It includes your ten most recent sets of lab tests over the past 24 months.

Once your lab results are available in your My HealtheVet account, all three reports will list them by the date and time they were collected beginning with the most recent. The VA Blue Button Report is the most common way to view your results.

In the VA Blue Button Report version, it shows the name of the lab work/test performed, the date it was performed, the location, the provider who ordered/performed the work, and the results/reference ranges. See the report example below:

<i>VA Laboratory Results</i>					
Source: VA					
Last Updated: 13 May 2019 @ 1414					
Sorted By: Date Specimen Collected (Descending) then Time Specimen Collected					
VA Laboratory Results are available 3 calendar days after they have been verified. For some tests, results slightly outside the reference range are not unusual. In addition, not all results are clinically significant. If you have any questions about your information please visit the FAQs or contact your VA health care team.					
Lab Test: Hemoglobin		Lab Type: Chemistry/Hematology		Ordering Provider:	PROVIDER NAME
Specimen: Blood (substance)		Date/Time Collected: 30 Aug 2018 @ 0804		Ordering Location:	IOWA CITY HCS
				Collected Location:	IOWA CITY HCS
Test Name	Result	Units	Reference Range	Status	Performing Location
HGB	8.8 Low	g/dL	(12.5-17)	Final	IOWA CITY HCS 601 HWY 6 WEST , IOWA CITY, IA 52246-2292
Comments: --					
Performing Location Name/Address:					
IOWA CITY HCS 601 HWY 6 WEST , IOWA CITY, IA 52246-2292					

Interpreting Results

In the example above, 'HGB' is the (hemoglobin) blood test; the result is 8.8; the reference range is 12.5 to 17. While some lab results provide a simple 'positive' or 'negative' answer, others have numbers and values. Their meaning comes from their comparison to the reference range values.

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A reference range provides you with the upper and lower limits of a lab test based on a group of otherwise healthy people. By comparing your test results with reference values, you and your health care provider can see if your test results fall within or outside the range. A result outside the range of expected values does not mean you are sick, but it does alert your health care provider of a possible health-related problem.

For some tests, results slightly outside the reference range are not unusual. In addition, not all results are clinically significant. If you are unsure about what your result means, your VA health care team or other authorized staff may have entered in the **VA Notes** (sometimes called Progress Notes) to help you understand the information.

You can also use the **Secure Messaging** feature of My HealtheVet to easily contact your VA health care team.

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